

10.12.2024

Kristo Saarikoski
CV

”Kristo Saarikoski finds inspiration in the things that humans have considered beautiful or reassuring since the beginning of time: jewellery, mythologies, celebrations, ornaments, symbols, and flowers. His interest in the kind of universally held beauty that transcends time and space goes hand in hand with his material-based studies in art history. By exploring methods used in the Western painting tradition, Saarikoski places his art in a rich cultural context. Fresco techniques, egg tempera, and oil paint easily find their place within his practice.

Despite its historical influences, Saarikoski’s art is firmly rooted in the present. Background knowledge and references serve as the basis foundation upon which he builds his own visual world, characterised by expressive and versatile use of colour. Different tones represent various moods and may also refer to the physical world.

Introspection plays a central role in Saarikoski’s practice, where levels of abstraction and colour choices are intimately connected to the thought processes occurring while painting. In his most recent work, he draws specifically on his personal memories. Beyond the beauty and the splendour of colour, the dark side of life can sometimes be glimpsed.”

**Art critic, photographer and free writer Helen Korpak,
(2024)**

CV - Kristo Saarikoski

S. 1992 Based in Helsinki
www.kristosaarikoski.com
kristo.saarikoski@gmail.com
+358442044300



Ongoing exhibition:

Wishing Well, Solo exhibition, Galerie Forsblom 29.11.2024 - 19.1.2025

Upcoming exhibitions:

Solo exhibition, Galleria Huuto 23.6.-20.7.2025

Solo exhibitions:

Letters to my brother, Everything is Art Gallery & Atelier, Herceg Novi, Montenegro / 21.4.-27.4.2023

Sypressien mailla, Galleria Vaaga / 14.2.-5.3.2023

Pieni näyttely olemisesta, Round Helsinki / 24.11.-06.12.2021

Viivy vielä hetki, Kaapelitehtaan konttori / 2.7.-31.7.2021

Selection of group exhibitions:

Vapaa '24 graduation exhibition, Kaapelitehtaan Puristamo / 3.- 19.5.2024

Valo, Galleria Toinen Silmä, Helsinki / 11.-28.4.2024

RUNO Biannual IV - Abstraction (Kristo Saarikoski, Karoliina Hellberg, Heidi Lampenius, Miikka Vaskola, Inka Bell & Julia Strand) / 13.10.2023-07.04.2024

Ikuisen kesän pop-up galleria / 4.6.-23.6.2022

Garden, Aalto University x Free Art School, Glasshouse Helsinki Galleria / 9.6.-27.8.2022

Kulttuurijärvi festival - exhibition / 23.9.-25.9.2021

Galleria Vaaga / 24.5.-29.8.2021

Kosminen salonki, Kosminen / 25.3.-25.4.2021

Residencies and study trips

Research residency, Villa Lante, Rome (2024) / The Finnish Institute in Rome

Study trip to Berlin with Free Art School (2023)

Research residency, Villa Lante, Rome (2023) / The Finnish Institute in Rome

Artist Residency in Grassina, Italy (2022) / The Finnish Artists's Studio Foundation

Works in Collections

HUS art collection

Pentti Säre's art foundation

The Finnish Art Society, art auction 2024

Private art collections

Grants and scholarships

Anita Snellman foundation's scholarship 2000€, 2024

FRAME (Destination grant for an exhibition in Montenegro), 850€, 2023

Other artistic activity

Work as an Art Instructor for artist with disabilities and autism spectrum, 2022 - / Vantaan kehitysvammaisten tuki ry

Work as an Art Instructor for LGBTQAI+ youths (2023) / City of Helsinki

Illustration & cover art in published media:
Libero-magazine 2024

Cover painting for Phd thesis "Doctoral Dissertation "Effects of staff training on end-of-life care in long-term care facilities" by Pauli Lamppu, 2022

Custom art work for individuals & businesses, e.g.
Flow festival 2023 & 2024

Education

Free Art School

Visual Artist
2021 - 2024

Metropolia University of Applied Sciences

Bachelor of Social Services
2012 - 2017

Helsinki Upper Secondary School of Languages

Matriculation Examination
2008-2011

Positions of Trust

Student Council President
2022 - 2024 /

Free Art School

Tutor, Free Art School

Website & social media

Website & portfolio:
www.kristosaarikoski.com

Instagram: [__kristo__](#)