

# BEYOND MOTION



# CONTENT

1	<i>ALICE</i>	4
2	<i>CARMEN</i>	8
3	<i>DIANA</i>	12
4	<i>EMMA</i>	16
5	<i>HOLLIE</i>	20
6	<i>MADDY</i>	24
7	<i>MAISIE</i>	28
8	<i>MATILDA</i>	32
9	<i>TILLI</i>	36
10	<i>TILLY</i>	40





# ALICE

## **What started your passion for dance and why do you do it?**

*I have always loved music, and I like to think I've always had quite good natural rhythm haha! So from an early age I enjoyed copying dances and making little routines to perform to my parents. Eventually I went to a local children's dance class and since then I continued. I still love the feeling of moving to different beats and rhythms of music, I find it very satisfying. I also love the training side and accumulating new skills as I learn.*

## **What has been the weirdest thing to inspire/influence your work?**

*Sand*

## **What is your favourite memory? (Dance and/or Personal)**

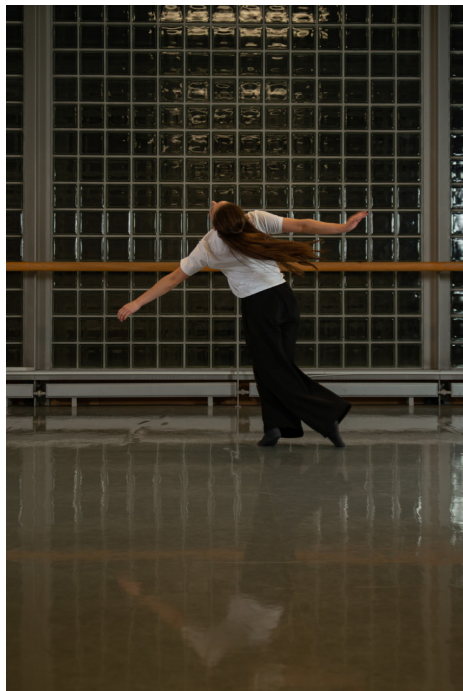
*I can't single one out. Growing up, dance allowed me to form strong bonds with people and create fun memories and laughs that I wouldn't have had otherwise - some of my best memories are linked to dance.*

## **What do you think are the most important qualities to have as a dancer?**

*Mental strength is very important. But also good rhythm/timing, adaptability, strength, stamina, communication.*







**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*I would love to become part of a company (not sure which) and learn repertoire and perform on stage. I've recently been introduced to Circus Partnerwork and doing something circus-dance related would be amazing, but I would also like to do something floorwork-based. I also love commercial and hope that I could continue that also in some way. Hopefully this degree will give me the adequate training, knowledge, and connections that could be useful for my future!*

**What motivates you? (Dance and/or Personal)**

*What motivates me in dance is the career I hope to follow - if I want to be in a company I would like to be at an optimal fitness and be versatile and have skills to offer. I also like the routine of having a full timetable in the week days, I enjoy feeling productive.*

**What role do you think dancers and performers have in society?**

*I think one of the main roles is entertainment. Dance is an art form to be appreciated, I think it can be inspiring to watch for most people but especially other creatives or artists.*

**What has been your favourite performance so far and why?**

*A certain piece that we did at my old dance school at a showcase, because I liked the choreography a lot and felt confident in it.*



**Name three artists that you look up to.**

*Christopher Bruce, Parris Goebel, Monique Jonas*

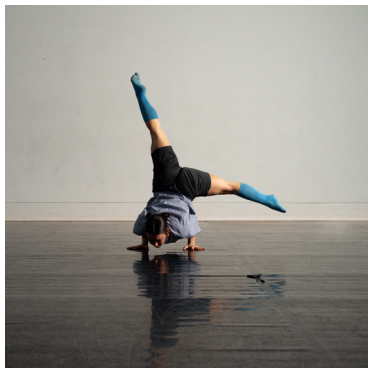




# CARMEN

## What started your passion for dance and why do you do it?

*I started dancing when I was six years old and I never stopped. I don't know what my life would have been like without dancing, it's my greatest passion and one of the things I practice with the most pleasure in my life.*



## What do you think are the most important qualities to have as a dancer?

*for me the best dancers stand out above all for their personality because when someone puts all of themselves into what they do it makes the difference.*

## What motivates you? (Dance and/or Personal)

*I am a very determined person and I am never satisfied. Every day I set new goals to achieve because there is always something to improve. So I think I am very motivated by my mind to always be able to do better*



## What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)

*to overcome the various obstacles I need my family, my friends. If I know that they are there to support me everything is easier*



**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*My dream is to join a circus company or even floorwork/acrobatic company because it is the discipline that every time I practice it I feel the adrenaline inside me.*

**What has been your favourite performance so far and why?**

*the statement by Crystal Pite, really moved me for its concreteness and attention to detail*

**What role do you think dancers and performers have in society?**

*In Italy dance is not seen as a real job but here in England for me it is really very different, with so many opportunities.*

**Name three artists that you look up to.**

*Crystal Pite, Nunes, Wayne McGregor*

**What is your favourite memory? (Dance and/or Personal)**

*One of my best memories is when I got accepted into my current university. It was always my dream to study in London because it is one of my favorite cities. Since I come from a small town in southern Italy, dance was never appreciated and frowned upon and for this reason I wanted to escape from that reality.*

**What has been your favourite performance so far and why?**

*the statement by Crystal Pite, really moved me for its concreteness and attention to detail*







# DIANA

**What has been the weirdest thing to inspire/influence your work?**

*A material*

**What is your favourite memory? (Dance and/or Personal)**

*Going in exchange in brazil*

**What has been your favourite performance so far and why?**

*Performing a duet i choreographed in a levels because it was so personal*

**Name three artists that you look up to.**

*Kaycee Rice and companies such as motion house*







**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*To have a stable job in the industry*

**What motivates you? (Dance and/or Personal)**

*Myself*



**What role do you think dancers and performers have in society?**

*Speak out and reflect on society & as a form of escapism*

**What do you think are the most important qualities to have as a dancer?**

*Strong, open minded, hard working, versatile, resilient.*

**What started your passion for dance and why do you do it?**

*It started at a young age because it was a way to be active and express and explore myself in a different way*





# EMMA

**What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)**

*For me I don't necessarily have a big Fear. But when I face difficulties I know that there is always a solution.*

**What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)**

*For me I don't necessarily have a big Fear. But when I face difficulties I know that there is always a solution.*

**What has been the weirdest thing to inspire/influence your work?**

*The weirdest element would have to be yoga balls!*



**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*This is quite hard to say because in this world you want to take any opportunity that you may get. Hopefully, my career will take me to a place that inspires me, that pushes me but also that lets me share and learn from others. This may be through a company, an apprenticeship, travelling.... I wouldn't know what the best outcome would be but I think as long as I am enjoying what I am doing and learning along the way that's what's important for me.*







**What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)**

*For me I don't necessarily have a big Fear. But when I face difficulties I know that there is always a solution.*



**What has been your favourite performance so far and why?**

*My favourite one would have to be the last one that I did on my previous course because it was the last time dancing with my friends that I had grown up and evolved with. Even though that is sad I had never felt so connected with the people around me.*



**What started your passion for dance and why do you do it?**

*I would say that my passion for dance stems back to when I was a baby. My parents would play a lot of music in the house and I would just start de boggie! From then onwards, I have never stopped. I would say that I do it because it makes feel myself but also gives me a sense of purpose.*



**What motivates you? (Dance and/or Personal)**

*For me motivation is something that you have within you naturally if you want something so much. It's your own mind that helps you get to where you want to be. Of course there are external factors that help such as family and friends, teachers... They push you and remind you why I am doing this.*

**What is your favourite memory? (Dance and/or Personal)**

*I have so many I just wouldn't be able to choose!*

**What do you think are the most important qualities to have as a dancer?**

*As a dancer I would say that you need to have many qualities but some that came to mind would be: Adaptability, perseverance, determination, focus, communication and understanding.*

**Name three artists that you look up to.**

*Hofesh Schechter, Herve Koubi, Agnes Zazzi*







# HOLLIE

**What role do you think dancers and performers have in society?**

*To show the benefits of visual artistry and provide enjoyment for yourself and to others*

**What has been the weirdest thing to inspire/influence your work?**

*Death and decay in the form of grotesque patterns and visuals ( think zombie)*

**What motivates you? (Dance and/or Personal)**

*Doing what I want to do for myself*



**What do you think are the most important qualities to have as a dancer?**

*Musicality, dedication, confidence, supportive of others*







**What started your passion for dance and why do you do it?**

*Enjoyed moving to music as a kid and as I got older found freedom in moving and reward from discovering new things I could do, enjoy the feeling it gives me*

**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*Preferably a touring company so I get to travel and do a job I love*



**What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)**

*Being lifted as I'm not the flyer often so I learn how to control my own body to better enable me to be efficient when these roles occur*

**What is your favourite memory? (Dance and/or Personal)**

*Standing on a clifftop in the sunset and everything was calm*



**What has been your favourite performance so far and why?**

*Performing on The Place stage with Lucy Turner as the process was amazing and well facilitated and we worked for months to all come together for this outcome*

**Name three artists that you look up to.**

*Pina Bausch, Steve Paxton, Jason Mabana*





# MADDY

## What do you think are the most important qualities to have as a dancer?

*I think it's so important for dancers to be open. Open to learning, trying, failing, succeeding. If you can meet everything you encounter with openness then you can really grow. Being a dancer you are never stagnant, there is always more to learn, to improve, to try.*



## What is your favourite memory? (Dance and/or Personal)

*Hard question, but one thing that comes to mind is performing on Sadler's Wells stage. It's one of the biggest contemporary dance stages in the world, and to have that opportunity twice is nothing short of amazing to me, and I am so grateful for it.*



## What do you think are the most important qualities to have as a dancer?

*I think it's so important for dancers to be open. Open to learning, trying, failing, succeeding. If you can meet everything you encounter with openness then you can really grow. Being a dancer you are never stagnant, there is always more to learn, to improve, to try.*



## What has been the weirdest thing to inspire/influence your work?

*all sorts: socks, dice, the dance plague of 1518, bats, falling over, traffic signs, etc*







## What started your passion for dance and why do you do it?

*I started dancing age 5, but i think my passion really began when i was 8 and started improvisation classes. I dance because it is when i feel most like myself, it makes me feel free and in control, calm and excited. everything at once.*

## What has been your favourite performance so far and why?

*my favourite performance that i was in is probably 'Quartier Paradis' by Alesandra Seutin. it was an incredibly difficult process, but the end product is probably one of the best things i've ever been a part of.*

*another is the first improv performance i did. i was probably about 9 years old, and it was all about shapes, nothing complex. but it was the most raw, true version of me that has ever been on stage i think. we were accompanied by a live band too which was incredible.*

## What motivates you? (Dance and/or Personal)

*I'm motivated by the want to grow, to be the best version of myself in any and all situations, but still with the self compassion and understanding that perfection is unattainable, and knowledge that I am a human being with flaws, capable of mistakes and failures.*

## What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)

*not sure what my ultimate biggest fear is, but i'm definitely afraid of "amounting to nothing". I really want to do things and make my mark, and i fear anything that might be an obstacle to that. I'm not sure that's something easy to overcome, but i just keep working, pushing, trying to believe, in the hopes that i will begin to succeed*

## What role do you think dancers and performers have in society?

*i think dance is so much more important in society than most people realise. movement is the language of the soul, and the more versed you are in it, the more you can connect with others on a deeper level. i think dance has the power to have a profound impact on people, in ways they can't even describe. i'm of the belief that everyone can and should dance.*

## Name three artists that you look up to.

*Pina Bausch, Marina Abramovich, Anne Theresa de Keersmaeker, Yöann Bourgeois (four oops)*





# MAISIE

**What started your passion for dance and why do you do it?**

*improvising during lockdown started my passion and I LOVE IT, and i'm so inspired by other people and also the feeling of moving freely is the best*

**What role do you think dancers and performers have in society?**

*they see themselves and others differently and i think this provides a more diverse approach to the body and how dance is everywhere in peoples pedestrian movements*

**What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)**

*in dance my biggest fear is a career changing injury*

**What has been the weirdest thing to inspire/influence your work?**

*gremlin moves*

**What has been your favourite performance so far and why?**

*alston repertoire because it was such a great creative process*







**What is your favourite memory? (Dance and/or Personal)**

*my first year at uni*

**What do you think are the most important qualities to have as a dancer?**

*being humble, grateful, passionate*

**What motivates you? (Dance and/or Personal)**

*my own passion*

**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*I want to perform and learn rep and tour*

**Name three artists that you look up to.**

*hofesh, akram kahn, EVERYONE*



# MATILDA

## What is your favourite memory? (Dance and/or Personal)

*My favorite dance memory is performing with a close group of friends, feeling the trust, connection, and unity as we danced together on stage.*

*Personally, traveling across the south of France with my sisters is a memory I'll always remember.*

## What has been your favourite performance so far and why?

*My favorite performance so far has been Crystal Pite's "Flight Pattern". The power in numbers, the emotional depth of the narrative, the passion in the dancers and the way Pite seamlessly weaves storytelling into her movement.*

## Name three artists that you look up to.

*Crystal pite, Marianela Nuñez, Teacher- Risa Steinberg, Kennedy Kallas*

## What role do you think dancers and performers have in society?

*Dancers and performers play an important role in society by expressing emotion, telling stories, and reflecting the human experience in ways that words cannot. They inspire, challenge perspectives, bring people together, and create moments of beauty and connection that resonate deeply with audiences.*







**What is your biggest fear and how do you overcome any problems that come from that?**

**(Dance and/or Personal)**

*My biggest fear is letting myself down- regretting not fully pursuing dance or not making the most of my time with loved ones.*

**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*I want my dance career to take me around the world, performing with different companies and experiencing diverse choreographers to keep growing and challenging myself. Eventually, I'd love the opportunity to choreograph and inspire other dancers.*

**What do you think are the most important qualities to have as a dancer?**

*I believe most important qualities for a dancer are resilience and determination to push through challenges, quiet self-confidence to trust in your abilities, creativity to bring movement to life, attention to detail for precision, and a strong musical ear to connect deeply with the music.*

**What has been the weirdest thing to inspire/ influence your work?**

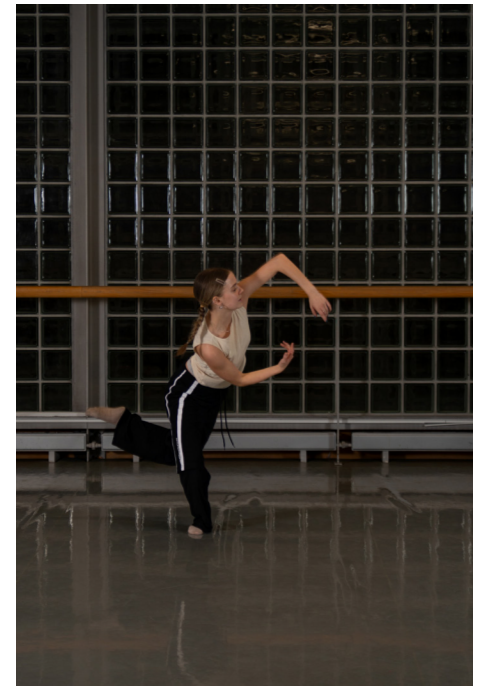
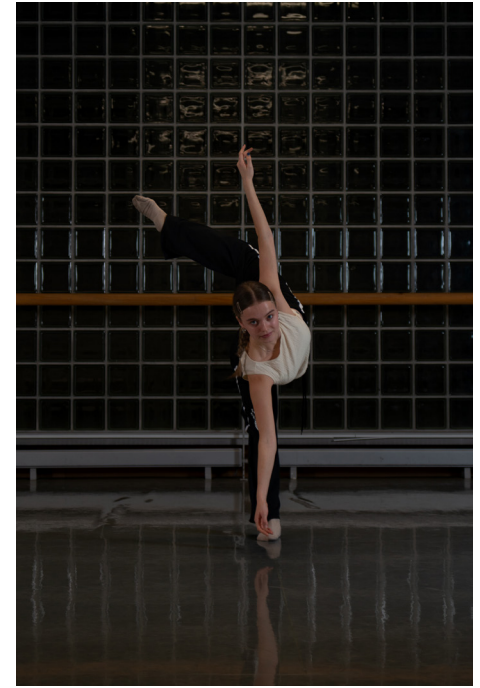
*One of the weirdest things to inspire my work was watching the way birds move in flocks- how they shift and flow together effortlessly. It made me think about group dynamics in dance, unspoken communication, and the power of synchronised movement in performance.*

**What motivates you?**  
**(Dance and/or Personal)**

*My biggest motivation comes from my family's support and my younger self's dream of becoming a dancer. Music fuels me, releasing energy and emotion as I move. I'm driven by my passion for creativity, precision, and self-connection, along with the hope of performing professionally in the future.*

**What started your passion for dance and why do you do it?**

*My passion for dance began with my mom, whose love for movement inspired me. Performing on a large stage with a professional company at nine, I felt the energy of the crowd and the power of expression through dance. In that moment, I knew I wanted to train to be a dancer, carrying forward the passion she instilled in me.*







# TILLI

**What do you think are the most important qualities to have as a dancer?**

*resilience, stamina, strength, openness, curiosity, enjoyment in creativity*

**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*i really want to join a company and tour with them after graduating but from my degree i want to just get as much experience and knowledge as possible from different backgrounds in dance*

**What is your favourite memory? (Dance and/or Personal)**

*one of my favourite memories in dance was learning circus last year, ever since i was young i always wanted to learn it but i never got the chance so when i found out we would be doing it i was so excited, ill always remember the feeling of when i first stood on someone's shoulders.*



**What started your passion for dance and why do you do it?**

*my college dance teacher helped me find my passion for dance and i dance because it brings me joy*



**Name three artists that you look up to.**

*Jasmin Vardimon, Chess Dillon-reams and Julia Testa*



**What motivates you? (Dance and/or Personal)**

*i think my parents are one of the main motivations in my dance life, they were one of the reasons i was able to go to lcds and they support me through it all.*

**What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)**

*i think my biggest fear is properly injuring myself where i wouldn't be able to dance again but i dont think it holds me back i just find myself being very intune when something hurts and knowing when to stop and rest.*

**What has been your favourite performance so far and why?**

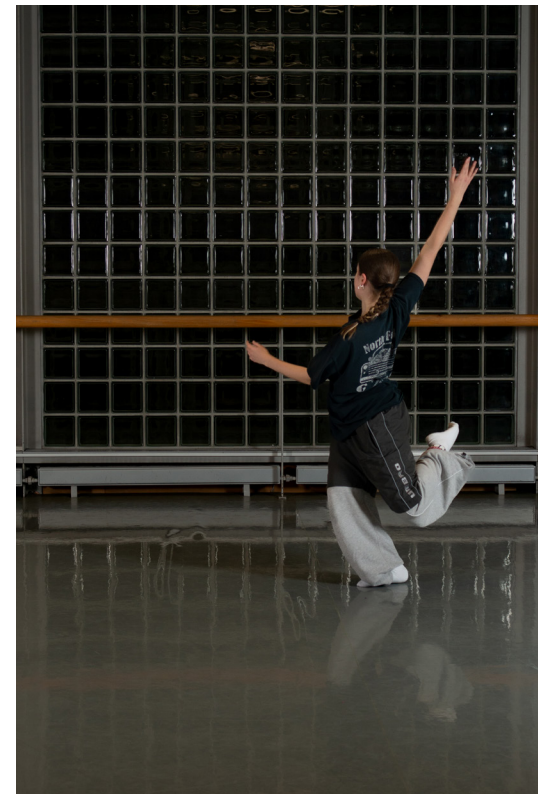
*one of my favourite performance was working with simeon qsyee at the end of last year, it was such an intense performance but it taught me so much about how to work in a professional environment, and also working towards a show and learning how to structure and create was so interesting it was thoroughly based on counts and precision whcih was really refreshing as i hadn't done that kind of training for a while.*

**What role do you think dancers and performers have in society?**

*its such an important part of humanity as dance is a huge part of expression and joy*

**What has been the weirdest thing to inspire/influence your work?**

*ants*





# TILLY

**What has been the weirdest thing to inspire/influence your work?**

*An idiom*

**Where do you want your dance career to take you? / What is the best outcome from this degree?**

*I would like to end up touring in a company so that I can see the world whilst doing something I love, then eventually make my own works*

**What do you think are the most important qualities to have as a dancer?**

*Resilience, kindness to your self and others, drive and passion*

**What started your passion for dance and why do you do it?**

*I have been dancing from a very young age, I have found that it gives me a creative outlet to express myself and what I am feeling.*

**What is your biggest fear and how do you overcome any problems that come from that? (Dance and/or Personal)**

*Not making it in the industry. I work hard and network as much as I can*





**What is your favourite memory? (Dance and/or Personal)**

*One of my favourite memories in dance is when I performed at udance*

**What motivates you? (Dance and/or Personal)**

*The want to be someone and do what I love*

**What role do you think dancers and performers have in society?**

*To entertain and educate*



**What has been your favourite performance so far and why?**

*A work by Simeon Qsyee as it pushed me as a dancer and ended up looking really cool*

**Name three artists that you look up to.**

*Grady Clarke*

*Mathew borne*

*Jemima brown*



