

#### **TABLE OF CONTENTS**

O1
SEWING A
SIMPLE
GARMENT

9

9

SHIBORI DYEING: KUMO METHOD O3
SEWING
THE DYED
GARMENT

This includes creating a custom pattern using a T-shirt you already own. Also creating a sample of the garment is important so that one can make necessary adjustments to fit. From designing the neckline to hem, the way you make the pattern reflects on the garment.

The history behind shibori dyeing dates back to 756 A.D. and is a Japanese method for resist dyeing. Using natural indigo dye manipulating the fabric by twisting, stitching, and even tying creates patterns on the fabric that is unique to Japanese tradition. There are six different techniques and today we will be looking at the kumo (Lagerquist, 2019).

The art of sewing a shirt out of textiles that was made in house is separate from just sewing a sample. The pattern that you design using shibori is strategically placed on the garment and Is the artist's choice in where to take the cut from.



### **PATTERN MAKING: Cap Sleeve Shirt** Step 1: Use a nice fitting T-shirt fold it in half to trace onto the pattern paper leaving about an 1-in. of seam allowance. Step 2: After cutting along the lines, cut the fold in half to create a front and back pattern. Then use the neckline of your original shirt to trace and cut out the scoop PS: Label both pieces "Front" and "Back" to know which

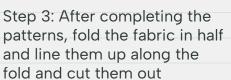
piece is what!



## PATTERN MAKING: Cap Sleeve Shirt

Cont.d





I used 2 yards of 45% cotton, 55% rayon print fabric



Now we have two pieces for the front and back of the shirt, make sure that the shoulders and side seams line up perfectly for sewing.



Step 4: To create a lining for the a neckline of the front and back, go down 3 inches from the collar and 2 inches from the shoulder seam. Creating a curved shape connecting the two points on the pattern paper. Cut out the fabric.

# SEWING: Cap Sleeve Shirt Cont.d

Step 7: Overlock the side seams and the hem of the shirt.

Step 8: Sew the sides and shoulder together with right sides together up to the arm hole leaving a 1-in seam allowance.

Press the side seams open







## **SEWING: Cap Sleeve Shirt Cont.d**



Step 9: Once side seams are pressed open, fold the hem up half an inch and sew along the overlocked hem.



Step 10: For the armholes, fold the edge in twice so that the width is around a quarter of an inch. Pin in place once folded, then take matching thread and a needle to sew it in place using the invisible stitch method.



# FINISHED GARMENT



This is the finished piece. It has a boat neck and very short cap sleeves. The inside has a lining at the neckline and the seams are overlocked and pressed open for a clean finish.